Mark Hix: *The Collection*: Quadrille, 2013: 320 pp., hardback, £25.00. This stylish compilation of Hix's favourite recipes gleaned from a career spanning more than two decades is high concept – illustrations from artists such as Tracy Emin and the ever-spectacular photography of Jason Lowe. And the recipes are enlightening, reliable and approachable. Hix is famed for his championing of rustic and seasonal British fare, and this showcases his understated attention to detail and complex simplicity. His gentle sense of fun and irony also shine through in signature recipes such as 'heaven and earth' (black pudding and apple mash) and fish fingers. Regional specialities such as Stargazy pie (from Mousehole) and Kentish pudding are revived with interesting introductions detailing some of their history. There is also an extensive section dedicated entirely to drinks. There seems an easy blend of tradition and innovation.

LETITIA CLARK

*The Foodie Bugle*: £10 an issue from <http://thefoodiebugle.com>.

The Foodie Bugle is an online magazine site concerned with all things foodist created and largely written by Silvana de Soissons. So successful has it been that she has taken the plunge into print. This first issue (and the second, which is now available) showcases the 'handmade and home-grown' and provides a 'peaceful and pleasant space' in a world saturated by gaudy and persistent food advertising and media. Certainly it is a thing of beauty in itself, subtly but finely produced, with a sense of tranquillity induced by mellow photographs, gentle illustrations, delicate typography and meditative articles. There is a broad spectrum of food, nature, interiors and craft, with at least a couple of articles exploring each category. Ben Pentreath's interiors are juxtaposed with articles on artisan chocolates, which in turn are complemented by some distinctive portraits of Maltby Street food vendors by Tif Hunter. There are some treasures, including illustrations by Elizabeth Luard, a fascinating article on food in Pakistan and plenty of interviews with small-scale producers. What perhaps marks it out from the crowd is its enthusiasm. It makes you feel the world is a more cheerful place.

## LETITIA CLARK

*Cereal: a quarterly magazine in pursuit of food and travel*: (produced in Bristol): all details and subscription information (£35 per annum) available from

© Equinox Publishing Ltd. 2024, Office 415, The Workstation, 15 Paternoster Row, Sheffield, SI 2BX

## eeunoxonline